

New Swimmer/Diver Evaluations

For those trying out for the swim/dive teams

Coach's Message

We are thrilled to hear that your child would like to become a member of the Fanny Chapman Dolphins swim/dive team! We want to provide a few details about our tryout process.

Common misconceptions about the tryouts for our Swim/Dive teams are:

- 1. Swimmers need to swim two laps for the tryout.
- 2. If swimmers know two strokes, they make the team.
- 3. Everyone makes the team.
- 4. The same criteria are used for evaluation no matter the age of the swimmer.

Because these ideas are inaccurate, we would like to provide our criteria ahead of time to help you and your child come to the tryouts prepared and confident.

Swim Team

Since this is a swim team and <u>not</u> lessons, swimmers must show that they are capable of handling a challenging swim team practice. Each day our youngest swimmers spend an hour in the pool and swim multiple laps. Likewise, swimmers 11 years old and older must have the stamina and endurance to participate in a practice lasting an hour and a half; we will be evaluating this skill in the tryout. To simulate practice, the evaluation will last approximately one hour and mimic a typical practice. Swimmers will warm up by swimming a minimum of four laps (based on age group). They are then given a typical swimming "set" to complete. At the conclusion of this set, each swimmer must demonstrate proficiency in at least two different strokes (based on age group): Freestyle, Backstroke, Breaststroke, or Butterfly. This means they must have a "legal" stroke.

Swim and Dive Team

New swimmer and diver evaluations take place on May 28th & May 30th from 5:00 - 7:00pm

Remember, the water is **cold**! Please prepare yourself and your child mentally for this fact. We would like to avoid parents telling their child they can get out of the pool while we are conducting the evaluation. Finally, please trust that our decisions are made in the best interest of your child. We want to ensure that your swimmer/diver has a positive team experience that can grow into a life-long love of swimming and diving. We look forward to meeting you!

Thanks and good luck!

Head Swim Coach: Tanya Barone-Durant Head Dive Coach: Fred Dunn

Swim/Dive Evaluations

May 28th and 30th 5:00 pm (Upper Pool/Dive Pool) **FIRST PRACTICE** Saturday, June 1st 8:00am

First After School Practice

Monday, June 3rd 4:00 pm (Upper Pool)

Swim/Dive Team Parent Orientation

Saturday, June 8th 9:00 am (Kiddie Pool)



NON- RETURNING Swimmer/Diver Tryout Registration Form

Registering to tryout.....

- 1. Complete this form along with the membership application and mail or return it to the Pool Office..... **or**

No membership or monies are required until notified that you child has made the team.

	(Please Print)	
Parent's Name:		
Telephone: Home:	Cell:	
Email:		
(Circle swimmer or diver)		
Name of swimmer/diver:		Age on June 15, 2024:
Name of swimmer/diver:		Age on June 15, 2024:
Name of swimmer/diver:		Age on June 15, 2024:
Name of swimmer/diver:		Age on June 15, 2024: